






FeelPlay
Christopher Green
Easy Read Pack

**An outdoor immersive show exploring
mental health and play**

What to Expect

	<p>What is it? FeelPlay is an immersive outdoor theatre show. FeelPlay staff lead the audience through activities across 3 inflatables.</p> <p>Who is it for? FeelPlay is for adults. The minimum age to take part is 14+ years.</p>
	<p>Themes:</p> <ul style="list-style-type: none">• Understanding your own mental health• Finding joy through play• Personal empowerment• Frustration• Joy
	<p>Length of show</p> <ul style="list-style-type: none">• 30-45 minutes• There is no interval

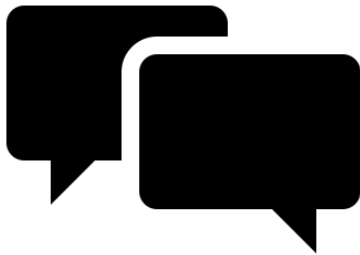


Space and seating

FeelPlay takes place in a large circular area.

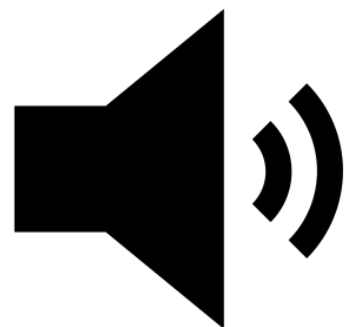
The performance is for 20 audience members at a time.

The performance involves standing and walking. We have a limited number of folding chairs available - if you would like a chair speak to a member of staff.



Interaction

FeelPlay is interactive. The actors talk directly to the audience and you can respond however you like. If you prefer not to interact that's also fine too.



Sound

There is quiet background music playing throughout.

Announcements are made with a microphone at the start of the show.

The fans for the inflatables make an ongoing, low-level noise throughout the show.

Meet the FeelPlay Team



Hi, I'm Tony
I'm the inventor of FeelPlay
Pronouns: he/him



Hello, my name is Ro
I'm one of the FeelPlay Play Practitioners
Pronouns: she/her



Hi, my name is Joey
I'm a FeelPlay Play Practitioner
Pronouns: she/her



Hi, my name is T
I work for FeelPlay as a Play Practitioner
Pronouns: she/her



My name is Timothy
I'm a Play Practitioner with FeelPlay
Pronouns: he/him

The Set



Play Pavilion

You will stand in a circle under the Play Pavilion at the start of the show.



Safe Sphere

You will go inside the Safe Sphere and play with inflatable beachballs.



Freedom Zone

You will sit and lie down on the Freedom Zone – and possibly jump.

Find out more



Information

To find out more about FeelPlay and for additional access resources visit:

www.feelplay.org



Contact us

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